STAY HEALTHY, HUSKIES

Take these steps to help prevent the spread of respiratory illness, including COVID-19.

- Get vaccinated. Staying up to date on flu and COVID-19 vaccines is highly recommended.
- Wear a mask when returning to campus after being sick or when you have respiratory virus symptoms.
- If you’re sick, stay home.
- Fill out an OARS report if you were exposed to COVID-19 in the workplace or through job-related activities.
- Wash hands often with soap and water for at least 20 seconds. If water’s not available, use hand sanitizer with at least 60% alcohol.
- Avoid touching your eyes, nose or mouth with unwashed hands.

For more info: ehs.washington.edu
Contact Environmental Health & Safety: ehsdept@uw.edu
STAY HEALTHY, HUSKIES

Take these steps to help prevent the spread of respiratory illness, including COVID-19.

Get vaccinated. Staying up to date on flu and COVID-19 vaccines is highly recommended.

Wear a mask when returning to campus after being sick or when you have respiratory virus symptoms.

If you're sick, stay home.

Fill out an OARS report if you were exposed to COVID-19 in the workplace or through job-related activities.

Wash hands often with soap and water for at least 20 seconds. If water's not available, use hand sanitizer with at least 60% alcohol.

Avoid touching your eyes, nose or mouth with unwashed hands.

For more info: ehs.washington.edu
Contact Environmental Health & Safety: ehsdept@uw.edu