This guidance document describes the University’s requirements and best practices for COVID-19 prevention in showers and locker/changing rooms. Units that manage shower and locker/changing rooms should follow and promote the preventive measures below. This guidance does not cover emergency showers required for labs, showers in private residences or showers in residence halls.

**GENERAL COVID-19 PREVENTION MEASURES**

- All users must follow current prevention measures detailed in their unit's [COVID-19 Prevention Plan](#).
- Face coverings must be worn in the space at all times except during exempt activities described in the [UW COVID-19 Face Covering Policy](#).
- Wipe down shared surfaces with cleaning supplies or disinfecting wipes before and after use.
- Practice good hand hygiene and follow [key times](#) for handwashing or hand sanitizing.

**USER RESPONSIBILITIES**

- Stagger (in space and time) use of facilities between occupants.
- Users are recommended to physically distance at least 6 feet from others as possible while indoors and especially if people are unmasked.
- In shower facilities, bring your own towels/supplies and do not leave personal items in the space when you leave.
- If shared/non-assigned lockers are used in locker/change rooms to store personal items, they should be wiped down by the user after each use.

**FACILITY MANAGER RESPONSIBILITIES**

- Limit facility access to a known group of UW community members.
- Post COVID-19 prevention [signage](#) in the space as reminders for users and send interested users the information ahead of time (e.g., via email).
- Place [floor markers](#) to encourage users to physically distance.
- Ensure [HVAC](#) systems are functioning and shower facilities are ventilated during operating hours.
- Ensure custodial staff are conducting daily cleaning of high-touch surfaces.
- Set recommended duration limits (e.g., use a schedule or reservation system) if possible to support staggering use between occupants.

Please contact EH&S at ehsdept@uw.edu for more information