You are experiencing respiratory virus symptoms OR were exposed to someone with COVID-19.

**Do you have symptoms?**

**YES**

**STAY HOME AND AWAY FROM OTHERS. TAKE A COVID-19 TEST.**

Do not go to work and/or class. Stay at home except when seeking medical care. Follow [CDC guidance](https://www.cdc.gov) on how to prevent the spread of respiratory viruses.

**NO**

**NEGATIVE TEST RESULT?**

You may return to normal activities when:

- For the past 24 hours:
  - You have not had a fever (without the use of fever reducing medication)
  - Your symptoms have generally improved.

- For the next 5 days, continue to take **precautions** noted to the right.

**YOU CAN RETURN TO WORK AND CLASS.**

Consider wearing a well-fitting mask or respirator when around others at home and in public for the next five days and monitor for symptoms. If symptoms develop, follow [CDC guidance](https://www.cdc.gov) on how to prevent the spread of respiratory viruses.

**POSITIVE TEST RESULT?**

**NOTIFY CLOSE CONTACTS.**

You are strongly encouraged to notify others you may have exposed.

**REPORT A WORKPLACE EXPOSURE.**

If you are UW personnel and believe your positive COVID-19 test was due to workplace exposure, please fill out an [incident report](https://www.ehs.washington.edu/resource/public-health-flowchart-covid-19-and-respiratory-virus-symptoms-1175) (OARS).

**STAY UP TO DATE** on immunizations that are recommended for you.