**COVID-19 PUBLIC HEALTH FLOWCHART**

**UW Medicine medical facility personnel follow UW Medicine protocols and reporting procedures.**

### SCENARIO 1: You tested positive for COVID-19.

Regardless of whether or not you have symptoms.

**STAY HOME AND SELF-ISOLATE.**

Outside of seeking treatment, stay home for 5 days since your symptoms started, 5 days since your test date (if you have no symptoms), or as instructed. Follow CDC isolation procedures.

**DON'T DELAY; SEEK TREATMENT.**

If you are more likely to get very sick from COVID-19 (per CDC), consult your healthcare provider for isolation guidance, treatments available, and risk factors that can reduce your chances of being hospitalized.

**NOTIFY CLOSE CONTACTS.**

You are strongly encouraged to notify others you may have exposed.

**END OF ISOLATION**

End isolation after day 5 if you are fever-free for 24 hours without the use of fever-reducing medication and your other symptoms have improved.

Remain in isolation until you are fever-free for 24 hours without the use of fever-reducing medication and your other symptoms have improved.

### SCENARIO 2: You were exposed to an individual who tested positive for COVID-19.

Individuals with risk factors for COVID-19 complications should contact their healthcare provider now to ask about their treatment plan in the event of a positive test.

Antiviral treatments are most effective if started soon after testing positive.

Make a personal plan for COVID-19 here.

**NOTIFY OARS report.**

If you were exposed to an individual who tested positive, please fill out an OARS report.

For more information click here.

### SCENARIO 3: You have one or more COVID-19 symptoms but no known exposure to a COVID-19 positive individual.

**STAY HOME AND SELF-ISOLATE.**

Do not go to work and/or class. Wear a well-fitting mask or respirator while waiting for your test results and while you have symptoms.

**GET TESTED IMMEDIATELY.**

Remain at home until you receive your test result.

**GET TESTED AT LEAST 5 DAYS AFTER EXPOSURE.**

or immediately if you are unsure when you were exposed.

**REPORT IF WORKPLACE EXPOSURE.**

If you are UW personnel and believe your positive COVID-19 test was due to a workplace exposure, please fill out an OARS report.

For more information click here.

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1. Follow CDC guidance for end-of-self-isolation if your symptoms are not improving and/or you had moderate or severe illness.
2. With two sequential negative tests 48 hours apart, you may remove your mask sooner than day 10.
3. Individuals with risk factors for COVID-19 and flu complications can contact their healthcare provider now to ask about further testing and a treatment plan in the event of a positive test. Antiviral treatments are most effective if started soon after testing positive.
4. If a supervisor believes that their workforce is experiencing an outbreak of COVID-19 (more than 10% of personnel are out sick and have tested positive), contact EH&S for assistance and follow up.

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Contact covidehc@uw.edu or 206.616.3344 to reach UW Environmental Health & Safety Department. Email is preferred.

People who also work in non-UW clinical settings contact their healthcare organization/clinical supervisor for guidance on returning to activities in those locations. Visit www.ehs.washington.edu/resource/covid-19-public-health-requirements-and-guidance-flowchart-1175 for a text-only version.