You tested positive for COVID-19.

Regardless of whether or not you have symptoms:

STAY HOME and NOTIFY covidehc@uw.edu.¹

Do not go to work or class for 10 days since your symptoms started, 10 days since your test date (if you have no symptoms), or as instructed by a contact tracer.

ENTER YOUR WA NOTIFY PIN.

Your contact tracer will give you a PIN number to enter in your mobile device to confidentially alert close contacts.

COMPLETE THE ELECTRONIC SURVEY.

The COVID-19 Response and Prevention Team will send you a link to a health survey prior to Day 10.

Did your symptoms improve after 10 days of isolation?

YES

STAY HOME and NOTIFY covidehc@uw.edu.¹

GET TESTED IMMEDIATELY.

You can return to work and/or class if all of the following apply to you:
1. Your symptoms are mild; and
2. Your symptoms have improved; and
3. You have not had a fever for at least 24 hours without using fever-reducing medication.

If your symptoms are severe or getting worse, stay home, notify covidehc@uw.edu³ and consult a health care provider.

NO

Remain in isolation and notify covidehc@uw.edu³ and follow instructions provided by the contact tracer.

End isolation on Day 11 if you have no symptoms OR your symptoms have improved. AND you have not had a fever for at least 24 hours without using fever-reducing medication. It is not necessary to get tested again.

SCENARIO 2:

You were in close contact² with an individual who tested positive for COVID-19.

Are you fully vaccinated?³

YES

STAY HOME and NOTIFY covidehc@uw.edu.¹

Do you have symptoms?

YES

Do not go to work and/or class.

GET TESTED IMMEDIATELY.

STAY HOME and NOTIFY covidehc@uw.edu.¹

GET TESTED 5-7 DAYS AFTER EXPOSURE.⁴

You do not need to stay home. You can return to work and/or class.

NO

GET TESTED IMMEDIATELY. TEST AGAIN 5-7 DAYS AFTER EXPOSURE.⁴

Will you have ongoing close contact (e.g., household member has COVID-19)?

YES

FOLLOW SCENARIO 1.

Contact covidehc@uw.edu³ to receive additional guidance.

NO

GET TESTED IMMEDIATELY.

YOU can return to work or class when symptoms have improved and you have not had a fever for at least 24 hours without using fever-reducing medication.

SCENARIO 3:

You have a symptom(s) of COVID-19 but NO known exposure to a COVID-19 positive individual.

STAY HOME.

GET TESTED IMMEDIATELY.

FOLLOW SCENARIO 1.

POSITIVE

Remain in quarantine for 10 to 14 days from your last exposure and watch for symptoms.

Contact covidehc@uw.edu³ to receive guidance if you have ongoing exposure (e.g., household member has COVID-19).

NEGATIVE

Did symptoms develop during quarantine?

YES

You can return to work or class when you have completed quarantine.

NO

STAY HOME.

GET TESTED IMMEDIATELY.

FOLLOW SCENARIO 1.

POSITIVE

GET TESTED 5-7 DAYS AFTER EXPOSURE.⁴

NEGATIVE

FOLLOW SCENARIO 1.

Rest at home until symptoms have improved and you have not had a fever for at least 24 hours without using fever-reducing medication.

Note: If you received a classroom or workplace notification, watch for symptoms for 14 days and activate WA Notify. If you are unsure or concerned you may have had a close contact exposure, get tested for COVID-19.

¹ Reporting to covidehc@uw.edu or 206.616.3344 is to reach the COVID-19 Response and Prevention Team in the UW Environmental Health & Safety Department.
² Close contact means you were less than 6 feet away from an infected person for 15 minutes or more over a 24-hour period. If you received an alert from WA Notify, you potentially had a close contact exposure.
³ Fully vaccinated is two weeks after the final dose of a COVID-19 vaccine.
⁴ If you were notified of exposure by WA Notify or do not know when your exposure occurred, get tested immediately.


UW Medicine medical facility employees follow UW Medicine procedures.

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