**COVID-19 Public Health Requirements and Guidance**

**Scenario 1:** You tested positive for COVID-19.

- Regardless of your vaccination status and regardless of whether or not you have symptoms.
- Do not go to work or class for 5 days since your symptoms started, 5 days since your test date (if you have no symptoms), or as instructed by a contact tracer.

**Enter Your WA Notify PIN.**

Your contact tracer will give you a PIN number to enter in your mobile device to confidentially alert close contacts.

**Stay Home and Self-Isolate.**

- Wear a well-fitting surgical mask or KF94/KN95/N95 when around others at home and in public for 5 additional days (through day 10).
- Follow additional CDC restrictions for travel, eating, and other activities.

**Complete the Electronic Survey.**

The COVID-19 Response and Prevention Team will send you a link to a health survey prior to the end of your isolation period.

**Did your symptoms improve after 5 days of isolation?**

- **Yes:**
  - You can return to work and/or class if all of the following apply to you:
    - 1. Your symptoms are mild; and
    - 2. Your symptoms have improved; and
    - 3. You have not had a fever for at least 24 hours without the use of fever-reducing medication and your other symptoms have improved. Contact covidehc@uw.edu with questions.

- **No:**
  - If you take a home rapid COVID Antigen (Ag) test at 5 days or after and it is positive, you should continue isolation for a full 10 days.

**Get Tested Immediately.**

- **Positive:**
  - You can return to work and/or class if you have not had a fever for at least 24 hours without the use of fever-reducing medication and your symptoms have improved.
  - If your symptoms are severe or getting worse, stay home, notify covidehc@uw.edu and consult a healthcare provider.

- **Negative:**
  - Watch for symptoms and wear a mask around others outside of your household for 10 days since your last exposure. If you develop symptoms, follow instructions for vaccinated close contacts with symptoms in Scenario 2.

**Stay Home and Self-Isolate.**

- Do not go to work or class after 5 days. Wear a well-fitting surgical mask or KF94/KN95/N95 when around others at home and in public.

**Scenario 2:** You were in close contact with an individual who tested positive for COVID-19.

- You are currently on COVID-19 vaccination and booster doses and/or you have tested positive for COVID-19 in the past 90 days using a viral test.

**Do you have symptoms?**

- **Yes:**
  - Notify covidehc@uw.edu if your exposure was potentially related to workplace or campus activities and you have not already been notified by the University.

- **No:**
  - You do not need to stay home. You can return to work and/or class. Wear a well-fitting surgical mask or KF94/KN95/N95 when around others at home and in public for 10 days.

**Scenario 3:** You have a symptom(s) of COVID-19 but no known exposure to a COVID-19 positive individual.

- Do not go to work and/or class regardless of vaccination status.

**Get Tested Immediately.**

- **Positive:**
  - You can return to work or class if
    - you were exposed to a COVID-19 positive individual; or
    - you tested positive for COVID-19; or
    - your exposure was potentially related to workplace or campus activities and you have not already been notified by the University.

- **Negative:**
  - Stay home until symptoms have improved and you have not had a fever for at least 24 hours without using fever-reducing medication.

**Stay Home and Self-Isolate.**

- Do not go to work or class for 5 days since your last exposure or as instructed by the contact tracer.
- Wear a well-fitting surgical mask or KF94/KN95/N95 when around others at home and in public.

**Frequently Asked Questions**

1. Questions, contact covidehc@uw.edu or 206.616.3344 to reach the COVID-19 Response and Prevention Team in the UW Environmental Health & Safety Department. Email is preferred.
2. Get tested immediately if you were notified of exposure by WA Notify, do not know when your exposure occurred or are unsure or concerned you may have been exposed.
3. Immunocompromised person should talk to their healthcare provider about duration of isolation.

Additional requirements are followed by students in residence halls and athletics programs.