2024 LAB SAFETY AWARENESS WEEK

Help raise awareness of safe lab practices at UW and receive prizes!

Lab Safety Awareness Week is sponsored by CSHEMA and held at academic institutions nation-wide February 12-16. This event is dedicated to recognizing the successes of laboratory safety programs and offering ideas on how to keep our faculty, staff and students safe.

Participate in and complete as many of the activities as possible in the days leading up to and during Lab Safety Awareness week to collect points and receive a prize! Prize recipients will be selected based on the number of points awarded for activities completed. Use the hyperlinks provided to find an EH&S resource or webpage that can connect you to tools or additional information for that specific task.

Practice Your Safety Awareness Skills!
A strong safety culture starts with all individuals participating in being aware of hazards and best safety practices. Review the photos provided and list all the safety hazards you see. Each hazard or risk identified is worth 5 points.

Be a Safety Champion in Your Lab!
Every lab is required to have a current chemical hygiene plan. Help your lab keep their plan and resources up to date and effective. Complete and check off as many of these activities in your lab as possible. Each activity is worth 10 points.

Partner Up for Safety!
Build connections with other labs to help strengthen safety culture on campus. Partner with a person in a neighboring lab to complete and check off as many of these activities as possible. Each activity is worth 15 points.

Once you complete all the activities, email your information and photos to labcheck@uw.edu to be eligible for winning one of our safety prizes!

Top Prize – the individual with the most points collected will receive a custom presentation on safety products of your choosing with breakfast or lunch provided by Thermo Fisher Scientific for your lab group.

Additional prizes – individuals with the most points collected will be eligible to receive one of the following:
- Cryogen-handling Safety Gloves
- Chemical Spill Kit
- Chemical-resistant Safety Goggles

ENVIRONMENTAL HEALTH & SAFETY
UNIVERSITY of WASHINGTON
Practice Your Safety Awareness Skills!
Review the two photos on this page and list all the safety issues you see. 
Each hazard or risk identified is worth 5 points. 
Send an email to labcheck@uw.edu by February 16 with your answers and remember to include your name and campus mailbox number in the email.
# 2024 LAB SAFETY AWARENESS WEEK

**Be a Safety Champion in Your Lab!**

Complete and check off as many of these activities in your lab as possible.

**Each activity is worth 10 points.**

Write your name and campus mailbox number at the bottom of the form.

**Take a photo of one task completed and one photo of your form.**

Email both photos by February 16 to labcheck@uw.edu.

<table>
<thead>
<tr>
<th>Review the chemical inventory for your room(s) and check for accuracy</th>
<th>Visit the EH&amp;S training page to see if there are any new trainings relevant to your work that you can take</th>
<th>Submit a chemical collection request for any waste containers with contents older than several months</th>
<th>Put outlet covers on any non-GFCI electrical outlets by sinks or wet locations</th>
</tr>
</thead>
<tbody>
<tr>
<td>Look at PPE information listed in your SOPS and check that all items listed are used and readily available</td>
<td>Check if all the lab’s container labels include full chemical names and hazard information</td>
<td>Create or update a list of all current lab members, their UW Net IDs, and their emails as part of your safety documents</td>
<td>Locate all the fire extinguishers in your spaces and check that none of them are blocked from view</td>
</tr>
<tr>
<td>Schedule times this year to thaw and clean out fridges and freezers in the lab</td>
<td>Check the supplies in your lab’s chemical spill kit and see if anything needs to be restocked</td>
<td>Review the chemicals stored on shelves in the lab and make sure no corrosives are above eye level</td>
<td>Create, update, or review the Working Alone Policy for your lab spaces</td>
</tr>
<tr>
<td>Locate the safety shower nearest to or inside your lab and check that the area under it is clear</td>
<td>Clean out your fume hood and put away all items not required to be stored there on a continuous basis</td>
<td>Review your lab’s PPE Hazard Assessment document and see if all information in it is still current</td>
<td>Check that your chemical storage cabinets are labeled with the chemical class name that applies to the contents</td>
</tr>
<tr>
<td>Look up your EH&amp;S training record and check if any trainings need to be refreshed</td>
<td>Check the supplies in your lab’s first aid kit and see if anything needs to be restocked</td>
<td>Write your PI name and room number on all lab glass waste boxes in your room(s)</td>
<td>Check if any lab coats need to be laundered or replaced</td>
</tr>
</tbody>
</table>

**Name:**

**Campus mailbox:**

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**ENVIRONMENTAL HEALTH & SAFETY**
**UNIVERSITY of WASHINGTON**
# 2024 LAB SAFETY AWARENESS WEEK

## Partner Up for Safety!
Partner with a person in a neighboring lab to complete and check off as many of these activities as possible. **Each activity is worth 15 points.**

Write your name and campus mailbox number at the bottom of the form.

**Take a photo of one task completed in the lab and one of your form.**
**Email both photos by February 16 to labcheck@uw.edu.**

<table>
<thead>
<tr>
<th>Task</th>
<th>Location</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Locate where the emergency contacts for each other's laboratories are posted.</td>
<td></td>
<td>Are they easy to find and read? If not, help each other update the contact sheet and post in an effective location.</td>
</tr>
<tr>
<td>Find and check each other's chemical hygiene plan.</td>
<td></td>
<td>Do they have the latest version of the Lab Safety Manual? Has their lab-specific information been added? These documents need to be accessible in the work space.</td>
</tr>
<tr>
<td>Find where the first aid kit and spill kits are located in each other's laboratories using the floorplan posted.</td>
<td></td>
<td>Is the floorplan easy to find and use? If not, help each other create and post new floorplans.</td>
</tr>
<tr>
<td>Compare laboratory equipment maintenance practices with each other.</td>
<td></td>
<td>How frequently is equipment checked for safety? How is maintenance documented? Which lab personnel participate in laboratory maintenance?</td>
</tr>
<tr>
<td>Check the fire extinguisher locations in or nearest each other's laboratories.</td>
<td></td>
<td>Fire extinguishers need to be easy to access and not obstructed in any way. Are all fire extinguishers mounted to the wall or enclosed properly? If not, contact Facilities.</td>
</tr>
<tr>
<td>Help each other schedule a time to do a self-inspection in the next year.</td>
<td></td>
<td>Talk about ways you have found to make self-inspections more effective for your laboratory.</td>
</tr>
<tr>
<td>Check each other's caution signs.</td>
<td></td>
<td>Is there a sign posted at every door into lab spaces? Are contacts and information on the signs current? Update and post new signs as needed.</td>
</tr>
<tr>
<td>Check to see if there are any trip hazards in the aisles or pathways for each other's laboratories.</td>
<td></td>
<td>If trip hazards are identified, help each other strategize on how to address them.</td>
</tr>
<tr>
<td>Check each other's emergency eyewash logs.</td>
<td></td>
<td>Are the eyewashes flushed weekly? Are the flushing records easily accessible? Compare best practices with each other.</td>
</tr>
</tbody>
</table>

**Name:**

**Campus mailbox:**