Welcome to the 2023 LAB SAFETY AWARDS & INNOVATIONS EVENT!

1:00	Welcome	Katia Harb , Senior Director, Environmental Health & Safety Department (EH&S)
1:05	Opening remarks	Tricia Serio , Provost and Executive President for Academic Affairs, Professor of Biochemistry
1:15	Chemical Inventory Management with QR Codes	Virginia Engel, Lab Manager, Civil & Environmental Engineering
1:25	Safety in Teaching Labs	David Perkel, Chair of Biology Department
1:35	Supporting Safety in Mixed Use Spaces	Dian Gay , Director of Resources and Facilities, Applied Physics Laboratory
1:45	Presentation of Laboratory Safety Awards	Tracy Harvey , Laboratory Safety Manager, EH&S Alex Hagen , Laboratory Safety Inspection Program Manager, EH&S
1:55	Closing remarks	Forrest Michael , Chair of Institutional Chemical and Physical Safety Committee, Professor of Chemistry

ENVIRONMENTAL HEALTH & SAFETY

LABORATORY SAFETY AWARDS & INNOVATIONS EVENT

December 8, 2023







Chemical Inventory Management with QR Codes

Virginia Engel

Environmental Engineering Lab Manager

Department of Civil and Environmental Engineering

Do you...



Manage multiple inventories?

Maybe in multiple rooms and/or for multiple PIs?



Have multiple containers of some chemicals in your inventories?



If the answer to either or both of those questions is yes, you need to consider this QR code system.



Imagine this...

• You manage a large shared lab space that occupies one whole floor of your building. There are 7 distinct rooms, most of which are shared occupancy. There are 6 PIs who all have space in these labs.

• You find a 4 L bottle of methanol on a counter. There's no indication to whom or where it belongs.

• You want to put it away. Or maybe it's empty and you want to delete it from inventory.

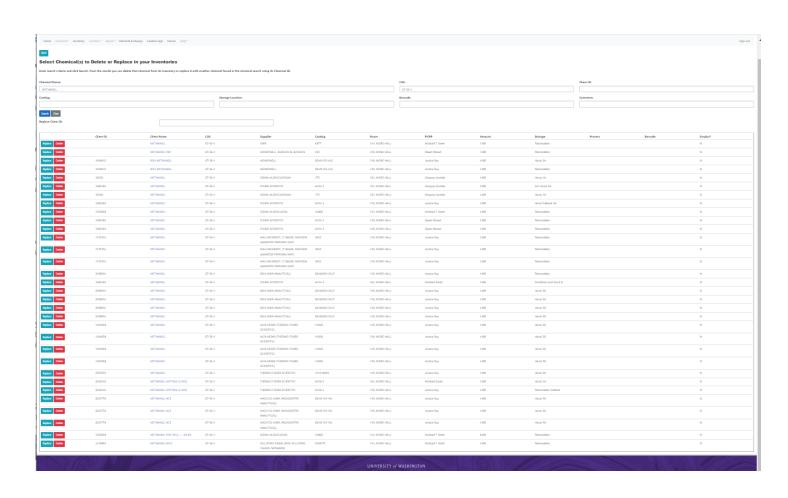
What to do...

• You go to MyChem and search your inventories for methanol to see if you can figure it out.

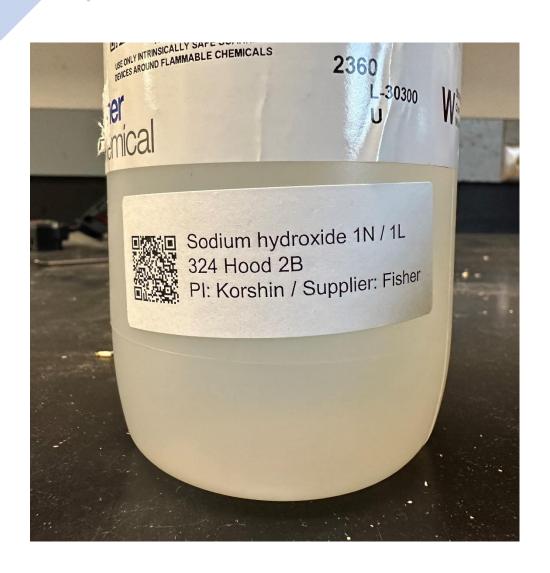
Home	Chemical ▼	Inventory Lo	cation • I	Report ▼ Chemic	al Exchange	Caution Si	gn Person I	Help ▼				Sign ou
ck												
elect	Chemic	cal(s) to l	Delete	or Replac	e in yo	ur Inve	ntories					
				ults you can dele n using its Chemi		ical from its	s inventory or re	place it				
memical Name:							CAS:			Chem ID:		
							67-56-1					
talog:		Storage Location:					Barcode:			Comment:		
earch Clea	ar											
place Chei	m ID:											
	Chem ID	Chem Name	CAS	Supplier	Catalog	Room	PI/RP	Amount	Storage	Process	Barcode	Surplus?
Replace Delete		METHANOL	67-56-1	VWR	K977	314, MOR HALL	E Michael T. Brett	1.00l	Flammables			N
Replace Delete		METHANOL P&T	67-56-1	HONEYWELL, BURDICK & JACKSON	232	319, MOR HALL	E Stuart Strand	1.001	Flammables			N
Replace Delete	1940612	BDH METHANOL	67-56-1	HONEYWELL	BDH1135- 4LG	319, MOR HALL	E Jessica Ray	4.001	Hood 3A			N
_												

What to do...

- You go to MyChem and search your inventories for methanol to see if you can figure it out.
- Only to find that there are 32 entries for methanol among the 7 rooms and 6 Pls.
- Which entry corresponds to this bottle? Whose is it? In which room does it belong?

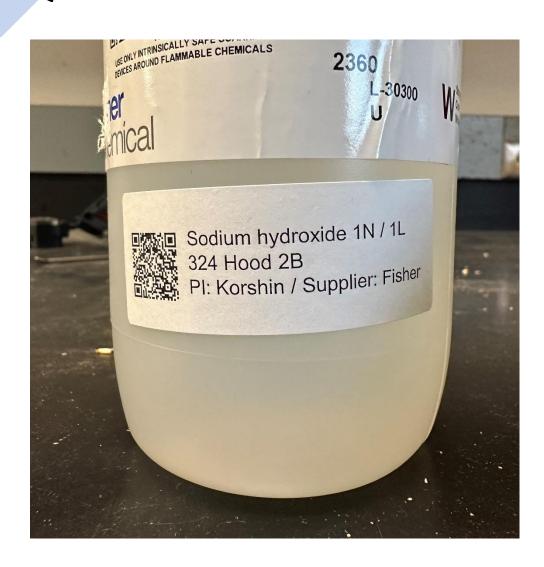


Solution



QR code labels provide a one-to-one connection between a chemical container and its MyChem page

QR Code Benefits



Any lab user with a smartphone can access the specific MyChem page direct from the chemical container.

More extensive inventory management becomes much more manageable.

Instructions for how to implement this system:

https://tinyurl.com/4tnvj6yp



Must be signed into your UW account to access the document

Safety in Teaching Labs

From Bad To...Better



UW Biology is large

- ~1250 majors currently
- ~500 B.S. degrees granted
- Introductory series (Biology 180, 200, 220): 3 courses, offered every quarter; ~5000 students/year, dozens of TAs
- Eight lab rooms used exclusively for these courses
- Lab activities are varied
- Different instructors & TAs each quarter
- Many other laboratory courses at 300 and 400 levels



About 10 years ago

- Concerted effort to:
 - Get rid of unused chemicals
 - Align inventories with myChem database
 - Develop standard operating procedures
 - Manage and document TA training



Over time, several things happened

- Instructor turnover
- COVID-19 pandemic
- Staff turnover, especially Manager of Instructional Services
- A talented building manager was assigned responsibility for all these rooms

Things went downhill



Some of the problems cited August 2022

- Mismatch between chemical inventories and myChem database
- Inadequate PPE assessments
- Inadequate documentation of personnel training
- Unlabeled chemical containers
- Open chemical containers (one was a sample of algae growing for the class)
- Some chemical containers were on the floor
- Some chemical containers were on shelves without earthquake lips
- ...

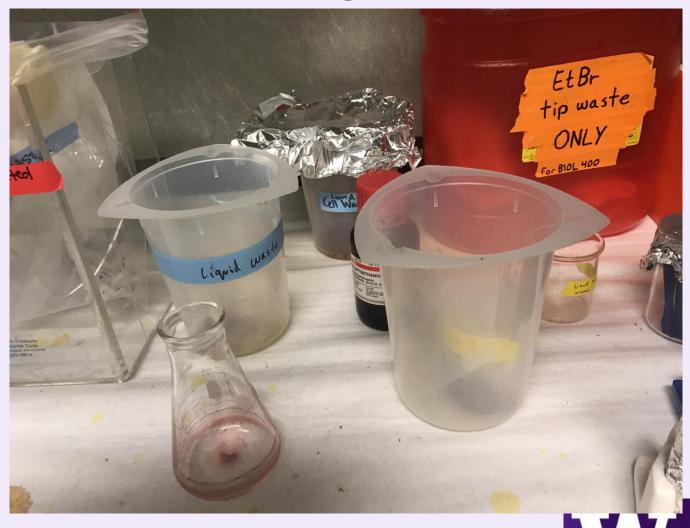


Unlabeled chemical containers





Unsafe chemical storage



Inadequate waste storage



Hired two individuals in April 2023

Jamie Grall, Teaching Associate



Hayden Davis, Graduate Student





Their initial mandate

- Address every problem cited except:
 - SOPs. These should be written by each instructor
 - Record-keeping systems
 - Plan for training instructors and TAs

- This included
 - Proper chemical labels & aligning inventories with MyChem
 - Proper chemical storage
 - Arranging chemical waste pickups
 - •



New Manager of Instructional Services, Dr. Sara Berk, May 1, 2023

- New systems and procedures
 - Each new instructor takes responsibility for SOPs and needed training
 - Coordination from Manager of Instructional Services
 - TAs get proper training and this is documented
 - SOPs clear
 - PPE requirements clear to all
 - Clear responsibility assigned to each role: instructor, course coordinator, TAs



Checklists such as this one

Quarterly Tasks

Person responsible Autumn 2023 Spring 2024 Task Winter 2024

Update lab caution signs Sara

TA Lab Safety Training Sara/course coordinators + instructors

Update lab contact information and RPs Sara/Ron

Chemical Inventory in MyChem Sara/course coordinators + instructors

Annual Tasks

Person responsible Task 2023-2024 2024-2025

Sara/Ron Lab Safety Inspection

Update emergency contact numbers

Sara

Permanent staff lab safety training

Sara

PPE training and hazard assessments

Sara/Course coordinators + instructors



Final thoughts

- We've made real progress
- Lots more to do
- The people and systems are in place to sustain improvements

- How did it work?
 - Cooperative attitudes and approaches
 - Recognition that we had real work to do
 - Great work by all of the Biology forks involved
 - Constructive, concrete approach from EH&S



Thank you to:

Tracy Harvey, Ph.D.

- Ron Killman
- Jamie Grall & Hayden Davis
- Sara Berk, Ph.D.

- EH&S team
 - Alex Hagen





Supporting Safety in Mixed Use Spaces

Workspace Health & Safety

Mixed Use Spaces: What is it?

A little bit of everything

Not a traditional lab, machine shop or maker space but has flavors of each.

- Chemicals
- Tools/machinery
- Overhead hoist
- Soldering/electronics assembly
- Calibration
- Small fabrication
- Research equipment repair/maintenance

Mixed Use Spaces: Responsible Party

Uncertainty

New/Inherited spaces

- Can be overwhelming unsure where to start
- Legacy documentation
- Does not know support available

Long-term assigned spaces

- Legacy management
- Inconsistent practices square peg, round hole
- Resistance, "It's not a lab." "It's not a machine shop."

What is my space's type?

Do I have to do everything for every type of space?

I won't have time to do my research if I have to de everything for every type!

How do I even start?

Mixed Use Spaces: Not One or the Other

Create a Starting Line

Find commonalities in requirements

 Identify responsibilities regardless of space type

Simplify and consolidate

Create a path linked to EH&S resources and documents

Document

- Available APL-UW support
- EH&S resources consolidated

Create community among APL-UW RPs

Lab, Shop, & Maker Space Requirements

I am a responsible person, what are my duties?

As a responsible person, for a lab, shop or maker space you assume ultimate responsibility and set expectations for safety within your assigned room. This includes:

- · developing written procedures,
- · conduct hazard analyses and address issues found,
- · identify safety training and ensure everyone working in the space has completed the training,
- · identified needed and ensure use of adequate PPE,
- ensure chemicals in the lab are appropriately managed,
- · and tracked, and report accidents/incidents/near misses in the UW Online Accident Reporting System.

The first step is to complete a RACE.

APL-UW Health & Safety Staff are here to help!

APL-UW Support for Labs, Shops and Maker Spaces

- . Lab coat, shop apron, lab towels, shop rags and accompanying laundry service
- · Safety training funds to support the time and cost of required safety training
- · General supply of safety equipment
- · Provides updated lab manuals to all research labs
- · APL-UW Communications can assist in preparing lab, shop and maker space safety floor plans

CHEMICALS

You are required to track chemicals or chemical-containing products in the UW MyChem system, store them appropriately, and dispose of chemicals via the UW Chemical Waste Disposal program.

Track Disposal

The responsible person or their assigned chemical manager/chemical

The responsible person or their assigned chemical manager/chemical

Provide morale support

Mixed Use Spaces: RACE

Simplifying the Process

Complete a RACE!

- Review: What happens in the space?
- Assess: What do I need to keep people safe?
- Create: How do I document?
- Educate: Train/Inform Staff.

Bottomline: Ensure safe operations

RACE: Review, Assess, Create, Educate

If you have been designated as a responsible person for a lab, machine shop or maker space, the best place to start is by completing a RACE. REVIEW what happens in the space. ASSESS what you need to keep people safe. CREATE manuals, SOPs and safety plans. EDUCATE the staff who work in the space.

Because APL-UW research spaces have diverse requirements, those responsible for these spaces should review both lab and shop/maker space information.

Review: What happens in the Space?

- Shop Personnel Safety Training Matrix
- Laboratory Risk Assessment Tool (Lab R.A.T.)
- Laboratory Personnel Safety Training

Assess: What do I need to keep people safe?

- Shop Safety PPE Hazard Assessment
- Shop Survey Checklist
- Laboratory Personal Protective Equipment (PPE) Hazard Assessment Guide
- <u>Laboratory Survey Checklist</u>

Create: How do I document?

- Laboratory Safety Manual (APL provides printed copies)
- Shop/Maker Space Safety Plan Template
- <u>Create an SOP or JHA for equipment</u> (see also EH&S and APL-UW templates)

Educate: Train/Inform Staff in Space

- Post Caution and Warning Signs
- Validate training: <u>Safety Training Report</u>

Once you have finished your RACE, visit the resources page for research workspace managers.

Mixed Use Spaces: RACE

Next Steps

Maximize established community - crowd sourcing

- Internal repository for template SOPs
- Community mailing list for questions, advice, etc.

New centralized staffing support

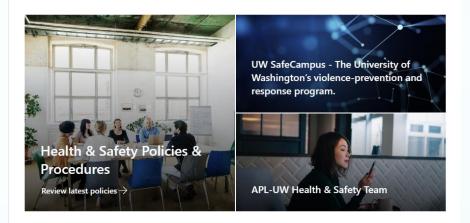
More FTE available to review processes, validate actions

Internal Health & Safety Team

Expand scope to test and review processes

Continued partnership with EH&S on mixed use spaces

APL-UW HEALTH & SAFETY RESOURCES









Health and Safety Categories







Evacuation Plans

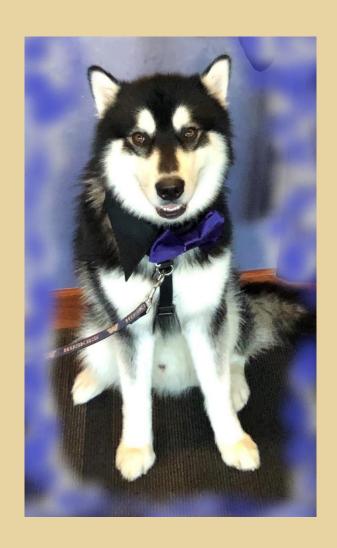


Lab, Shop & Maker Space Suppo



2023 LAB SAFETY AWARDS

ENVIRONMENTAL HEALTH & SAFETY



2023 TOP DAWGS IN SAFETY

ENVIRONMENTAL HEALTH & SAFETY



2023 TOP DAWGS IN SAFETY

- •Burke Museum, College of Arts & Sciences
- •Friday Harbor Labs, College of the Environment
- •Paul G. Allen School of Computer Science & Engineering, *College of Engineering*
- Department of Pharmacy, School of Pharmacy
- •Department of Allergy & Infectious Disease, School of Medicine
- •Department of Radiation Oncology, School of Medicine
- •Department of Immunology, School of Medicine

ENVIRONMENTAL HEALTH & SAFETY



2023 PACK LEADERS IN SAFETY

ENVIRONMENTAL HEALTH & SAFETY



2023 PACK LEADERS IN SAFETY

- •Olivia Bermingham-McDonogh, Biological Structure
- Corie Cobb, Mechanical Engineering
- •Glen Gullickson, UW Bothell
- •Julie Mathieu, Comparative Medicine
- •Julie Palumbo, UW Tacoma
- •Alexandra Velian, Chemistry
- •Joanne Wang, *Pharmaceutics*
- •Sharon Doty, Environmental & Forest Sciences
- •Francis Kim, Cardiology

ENVIRONMENTAL HEALTH & SAFETY



2023 PARTNERS IN SAFETY

ENVIRONMENTAL HEALTH & SAFETY



2023 PARTNERS IN SAFETY

- •Scott Baebler, *Pediatrics*
- •Eric Camp, Chemistry
- •Donald Hamlin, Radiation Oncology
- •Megan Littlehale, Microbiology
- •Kim Woodrow, BioEngineering
- •Lynn Barrett, CERID / Allergy & Infectious Diseases



2023 SAFETY INNOVATIONS

ENVIRONMENTAL HEALTH & SAFETY

2023 LAB SAFETY AWARDS & INNOVATION EVENT

FRFF7FR TAGS TO TRACK DEFROST DATES AND MAINTAIN A SCHEDULE

MacCoss Lab

Genome Sciences, School of Medicine



Manufacturers recommend defrosting freezers at least once a year or more frequently if the freezer is prone to ice build-up. For labs that have more than just a couple of freezers. can be o

Having a tag on the front of the freezer th the freezer was last defrosted is an easy personnel of the last defrost date and pr for when the next defrost date should be

FUME HOOD CLEANING LOGS. John Morton / Ladiges Lab

Comparative Medicine, School of Medicine



ENVIRONMENTAL HEALTH & SAFETY

Fume hoods are the primary method of exposure control in laboratories and can provide adequate protection for most processes when used correctly. Maintenance o the fume hood is key to



VIRTUAL **BUDDY SYSTEM**

Alexander Lefort / Fab Computer Science & En College of Engineering

The Fabrication Research maintains a virtual buddy system by using cameras i the space and combining them with the ability to remote into an on-site control computer. This allo

2023 LAB SAFETY AWARDS & INNOVATION EVENT

CHEMICAL CONTAINER OR CODE

STICKERS THAT LINK TO MYCHEM

OR CODE TO ACCESS SAFETY **DOCUMENTS IN SHARED EOUIPMENT ROOMS**

ENVIRONMENTAL HEALTH & SAFETY
UNIVERSITY of WASHINGTON

Materials Science & Engineering College of Engineering

Safety documents such as manuals, safety plans, training records, and maintenance logs need to be readily accessible in spaces where work with hazardous materials is being performed. Shared equipment rooms can sometimes be quite large, so having QR codes posted in a variety of locations around the room allows users to

OR CODES TO ACCESS LAB-

SPECIFIC SAFFTY DOCUMEN

Neurological Surgery, School of Medicine

A lab's chemical hygien

includes the Laboratory

Manual as well as lab-s

safety documents. Keep

documents in electroni

an effective way to ensu

personnel are accessin

file and to easily updat

needed. Using a QR cod

the lab's safety docume

easily accessible increa likelihood of updates o

additions to the files be

quickly access the necessary documents using smart phones and reduces the need for people to travel across the room to reference or input information into safety documents while performing their work.



TEACHING LAB COURSE MANUALS THAT INCLUDE SAFETY INFORMATION

Virginia Engel

College of Engineering

In shared spaces, there can be

ENVIRONMENTAL HEALTH & SAFETY

Civil & Environmental Engineering

Alex Prybutok Chemical Engineering, College of Engineering



Some teaching lab spaces are also used by research groups, resulting in usage by a variety of UW personnel with . varying experience levels. Writing lab course manuals with

location-specific safety information included in them can be laborintensive, but it helps ensure that undergraduates working in the

space for a class are aware of the hazards present and know how to conduct course activities in a safe manner

TRAINING RECORD PROGRAM

Baker Lab / Institute for Protein Design Biochemistry, School of Medicine

Training requirements vary based on types of work being performed and materials being used, so managing training completion for large groups of personnel is challenging. This

link directly to courses on the EH&S website. Reminder emails are sent out before a training expires, giving people ample time to respond. Once trainings expire, a notice is sent inform the person they need to complete the training to retain access to lab resources. The system allows for customization

performed by an individual



ONLINE VESSEL USAGE REQUEST FORM THAT INCORPORATES CHEMICAL HYGIENE PLAN FLEMENTS

INNOVATION EVENT

Friday Harbor Laboratories, College of the Environment



and conducted out in the field, including on research vessels of any kind, requires a chemical hygiene plan just like work conducted in a lab on campus. The persor in charge of the vessel is usually not the person in charge of the research being done, so communication about expectations and hazards present are important. Personnel at Friday Harbor have developed an online vessel usage request

multiple labs in a form that captures whether any chemicals are and sends out being brought on board and prompts the researcher to check that they have completed complete trainings all the necessary elements of their chemical on a quarterly basis nygiene plan prior to boarding. INCLUDING INSPECTION

LABS TO PROVIDE ACCESS TO SAFETY **DOCUMENTS**

Biology, College of Arts & Sciences

A department usually has one or two people managing all of the teaching

copies of safety documents and manuals current in all spaces on a continuous basis. Maintaining safety documents in electronic format makes it easier to keep them accessible and current, and setting up a tablet in each teaching lab is a cost-effective way to provide access



Vadim Pascua / Raftery Lab Anesthesiology and Pain Medicine, School of Medicine

LAB SAFETY MASCOT

2023 LAB SAFETY AWARDS &

This lab has created their own safety mascot, Reggie, to serve

FREEZER MAPS TO FA **IDENTIFY CONTENT**

Morton / Schwartz Labs Metabolism, Endocrinology & Nut School of Medicine

Sharing equipment is a great way for labs to pool resources, but it is important to have strategies in place to track users and maintain awareness of responsible parties. Having a map on the front of shared freezers that clearly illustrates the current content owners for each storage compartment by using color coding specific to research groups and the last names of the researchers makes it easy for all users to know where to store their items and who to notify if any issues arise with the freezer of materials inside

EMERGENCY CLOTHING DRAWER

Michelle Katz / Cobb Lab

MolES, College of Engineering In the event of an emergency it may be necessary to remove apparel, especially if it is contaminated with hazardous chemicals. Having lab members bring in a set of emergency clothing and storing it where emergency response kits are kept. encourages personnel to prioritize their own safety and reduces the chances of them hesitating to remove clothing when necessary. Keeping the clothing in clear, labeled, plastic bags keeps them

organized, clean, and

School of Medicine

easily accessible





3D-PRINTED CAPS CUSTOMIZED SOUIRT BOTTLES Wilson Deibel Lab

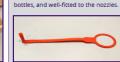
2023 LAB SAFETY A

INNOVATION EVEN

Burke Museum, College of Arts & Sciences

Hazardous chemicals must always be stored in closed conta Squirt bottles are, by design, essentially "open" containers. N are they not possible to fully close, but they also potentially dribble. Work involving usage of squirt bottles to be able to aim and deliver chemicals to samples in a controlled mann

good container storage practices. When this lab could not find any vendors selling caps for squirt bottles, they used a 3-D model to print caps in plastic filament which are resistant to chemicals used, able to attach to their bottles, and well-fitted to the nozzles





REACTION CARDS WITH SPECIFI INCIDENT RESPONSE INFORMA

Robert Love / Velian Lab Chemistry, College of Arts & Sciences



Any uncontaminated and on-hazardous lab glass or astic being disposed of should be placed in sturdy cardboard boxes labeled with the room number and Principal Investigator's name. Providing lab members with stickers that already list this information on them, is an easy way to ensure that all lab glass waste boxes are properly and clearly labeled as soon

as they are set up for usage

ometimes chemical reactions run for long periods of time or overnight. Since the researcher lways be present in those cases, it is

ortant to provide certain pieces of information about the reaction for everyone's safety. When a reaction is set up, one of these cards is filled out with information about the reaction. Should the reaction need to be stopped, readers will know the hazards, how to stop the reaction, and how to dispose of the contents in a safe manner



for ensuring prompt, appropriate, and any type of incident. Using emergency r desktop backgrounds is an easy way to

THAT SENDS REMINDERS

lab developed a program to notify people when trainings

expire. Items on the person's list based on the types of work



INSTALLING TABLETS IN TEACHING

Sara Berk & Ron Killman

labs, which can span across multiple buildings and be used by different instructors every quarter. One of the challenges of these types of spaces is maintaining consistency of safety expectations, practices, and documentation. It can be a drain on resources to try to keep paper

to and manage the electronic files



SAFETY TRAINING

TO PERSONNEL

and responsible parties are

tasked with ensuring that all

trainings. To track and notify

efficient way, this CHO tracks

everyone's required

safety training for

large spreadsheet

reminders to

personnel of training needs in an

FINDINGS IN SAFFTY

ORIENTATIONS

Daniel Moralejo / Juul Lab

Pediatrics, School of Medicine

Safety orientations are a key part of familiarizing

to inform all personnel about any practice or

someone with the resources and hazards present in a

management changes needed for corrective action

Including this information in safety orientations helps

workspace. After a lab has an inspection, it is important

personnel complete safety

Chemical hygiene officers (CHOs)

Rhonda Morales

ASSESSMENT REPORTS SENT

Oceanography, College of the Environment

new personnel be aware of new practices that the lab is

ENVIRONMENTAL HEALTH & SAFETY

LAB-SPECIFIC STICKERS FOR

LAB GLASS WASTE BOXES

Laboratory Medicine and Pathology,

Erin Goecker / Greninger Lab



THANK YOU!

ENVIRONMENTAL HEALTH & SAFETY

LABORATORY SAFETY AWARDS & INNOVATIONS EVENT

