ACCIDENT PREVENTION PLAN

Revised August 2025



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PURPOSE AND SCOPE

Creating a safe workplace is a collective effort, and individual roles are crucial in fostering a culture of safety.

This document serves as the University of Washington ("UW" or "University") workplace Accident Prevention Plan ("APP" or "this Plan"). This Plan aligns with the state workplace safety requirements and provides measures to prevent workplace health and safety incidents, such as injuries, illnesses, hazardous materials exposures, fire and life safety incidents, and near-miss events.

This Plan furthers the University's commitment to provide a safe and healthy environment for all personnel, volunteers, students, visitors, contractors, and vendors. It follows <u>UW policy</u> (Administrative Policy Statement 10.3) and is consistent with requirements in the Washington State Industrial Safety and Health Act (<u>Washington Administrative Code 296-24</u>, <u>296-62</u>, and <u>296-800</u>), which is administered by the Department of Labor and Industries (L&I), Division of Occupational Safety and Health.

The University's Accident Prevention Plan covers the anticipated workplace hazards that generally apply to all personnel across the University and is required to be complemented with a unit's <u>Supplemental Accident Prevention Plan</u> (Supplemental APP), which addresses specific health and safety topics related to worksites and job hazards within a unit. Both this Plan and Supplemental APP outline policies and procedures to reduce or eliminate exposures to occupational and workplace hazards.

SUPPLEMENTAL ACCIDENT PREVENTION PLAN

Units are required to supplement the University's Accident Prevention Plan with a unit-specific <u>Supplemental Accident Prevention Plan</u> that is reviewed and updated annually.

Washington State Department of Labor & Industries compliance investigators may request a copy of a unit's Supplemental Accident Prevention Plan during an investigation.

Implementation of Accident Prevention Plans

Below are some other considerations when implementing this Plan and the Unit's Supplemental APP:

- UW Medicine medical facility personnel follow additional UW Medicine policies and procedures beyond this Plan.
- Units are required to apply the workplace health and safety requirements in the APP to other categories of workers under their supervision in the workplace such as volunteers and unpaid student workers.
- Units are required to ensure that visitors, contractors, or vendors at their sites follow site-specific safety requirements including the use of required personal protective



equipment. They must also be provided with information about potential hazards, safety measures, and offered health and safety orientations, as applicable.

- All personnel are required to be informed of the <u>location of this Plan</u> and their unit's Supplemental APP and how to use them.
- The UW Accident Prevention Plan and a Supplemental APP template are available on the Environmental Health & Safety <u>website</u>.
- Units are required to review and update their Supplemental APP annually and then
 make the APP and Supplemental APP available to all existing and new personnel in their
 unit.
- The UW Accident Prevention Plan is reviewed and updated annually by UW Environmental Health & Safety (EH&S).

DEFINITIONS

The word "incidents" replaces the word "accidents" throughout this Plan to recognize the wide variety of environmental and occupational health and safety situations addressed.

The word "units" replaces "departments, units, and organizations such as UW Medicine" throughout this Plan to recognize that this Plan applies to all personnel at all UW locations owned, operated, or controlled by the University. A unit is defined as a group of academic departments or administrative units within schools, colleges, campuses, and organizations.

The term "personnel" is used throughout this Plan and aligns with <u>UW policy</u> (Administrative Policy Statement 40.1), which includes staff, faculty and other academic personnel, and students in paid positions (permanent, part-time, or seasonal).



ROLES AND RESPONSIBILITIES

<u>UW policy</u> (Executive Order No. 55) outlines the health and safety responsibilities at all levels of the University, which are summarized below.

Additional duties and responsibilities for specific health and safety programs are outlined in the University's applicable <u>health and safety program manuals</u>.

UNIVERSITY STAFF, FACULTY AND OTHER ACADEMIC PERSONNEL, STUDENTS, AND VOLUNTEERS

All University staff, faculty and other academic personnel, students and volunteers are responsible for:

- Observing and following health and safety regulations, policies, and procedures
- Participating in required training
- Promptly reporting work-related safety hazards, violations, incidents, injuries, and communicable diseases
- Considering your own personal safety and the safety of others while performing assigned tasks

UNIVERSITY PRESIDENT, PROVOST, VICE PRESIDENTS, VICE PROVOSTS, CHANCELLORS, DEANS, DIRECTORS, CHAIRS, AND UNIT SUPERVISORS

The University president, provost, vice presidents, vice provosts, chancellors, deans, directors, chairs, and unit supervisors, including faculty supervising research and academic activities are responsible for:

- Reinforcing the importance of health and safety and creating a culture of health and safety in their units
- Ensuring that individuals under their supervision have sufficient authority to support and properly implement health and safety regulations, policies, and procedures
- Being aware of and following safety plans for all University workplaces, classrooms, laboratories, field work locations, and student life areas
- Ensuring compliance with mandatory health and safety training in their units
- Acting in support of Environmental Health & Safety and units with related responsibilities to monitor adherence to applicable health and safety regulations, policies, and procedures
- Establishing priorities and committing resources for the correction of health and safety deficiencies



ENVIRONMENTAL HEALTH & SAFETY

Environmental Health & Safety (EH&S) is responsible for implementing federal, state, local, and University policies related to public, occupational, and environmental health and safety at the University, providing a wide range of technical services and leadership. EH&S is responsible for overseeing compliance with environmental and occupational health and safety related programs.

EH&S partners with units and members of the UW community to ensure a healthy and safe environment in which to advance learning, teaching, research, and service. EH&S provides resources, training, and tools to help units meet their health and safety compliance responsibilities. This includes facilitating <u>institutional safety committees</u> with responsibilities for research safety and compliance, occupational health and safety, and environmental protection at the University.

UNIVERSITY HEALTH AND SAFETY COMMITTEES

The University's health and safety committees help foster a strong culture of safety with a goal of preventing workplace injuries and illnesses. The University's health and safety committee program is overseen by Environmental Health & Safety (EH&S) and aligned with the safety committee requirements of Washington State Department of Labor and Industries and Washington Administrative Code 296-800-130.

Health and safety committees assist with health and safety oversight at all UW sites by reviewing and investigating workplace incident reports, recommending corrective actions, reviewing safety reports and information, and communicating health and safety information to their respective units. The University's 10 organizational health and safety committees, along with the University-Wide Health and Safety Committee, share the responsibilities of implementing and monitoring the University's health and safety program. Every employee at the University is represented by one of these 10 committees. Committee members include employee-elected and management-appointed representatives. Elections are held every two years.

Health and safety committees are a valuable resource to the University. All personnel should know which one of the 10 committees represents their unit. <u>Committee information</u> and the units served is available on the EH&S website.

The <u>University-Wide Health and Safety Committee</u> was established to address safety issues relevant to the entire University community, and to provide consistency and oversight to the 10 organizational health and safety committees. Each organizational committee elects two members to represent their committee at the University-wide level. More information on the University-Wide Health and Safety Committee is available on the <u>EH&S website</u>.

Health and safety committees also partner with EH&S to conduct the annual review of this UW Accident Prevention Plan and discuss recommendations for revision, if needed.



UW UNITS WITH COMPLIANCE AND SAFETY OVERSIGHT

Multiple units, in addition to EH&S, have responsibilities for campus safety, security, risk management and work in coordination with EH&S to ensure the health and safety of UW personnel and all sites.

Each unit has its own scope of responsibilities as they relate to occupational and environmental health and safety. Please visit the links below to learn more about the scope of responsibility of each unit via their respective websites:

- Division of Campus Community Safety
 - SafeCampus
 - o <u>UW Police Department (</u>UW Police)
 - o <u>UW Emergency Management</u>
- UW Office of Global Affairs, Travel
- UW Bothell Campus Safety
- UW Human Resources, Employee Assistance Program
- <u>UW Compliance & Risk Services: Workers' Compensation at UW</u>
- UW Facilities
- <u>UW Tacoma Campus Safety & Security</u>
- <u>Civil Rights Compliance Office</u>

SAFETY COORDINATOR OR SAFETY TEAM

EH&S strongly encourages units to designate at least one person to serve as a safety coordinator for their unit. Larger units may want to designate a safety team to address safety issues by providing a pathway for communication between various divisions, or groups within a unit. EH&S recommends the unit provides the safety coordinator or safety team with support and the authority to address safety issues.

Safety coordinators or teams may have a range of responsibilities, including, but not limited to:

- Coordinate with EH&S to address health and safety issues, as needed
- Notify leadership of health and safety concerns
- Assist with scheduling health and safety training as requested by supervisors
- Send an annual communication to personnel on how to access the <u>UW Accident</u> <u>Prevention Plan</u> and their unit's <u>Supplemental Accident Prevention Plan</u>.
- Check and update all safety bulletin boards annually



- Check and update the unit's <u>first aid plan</u> and first aid kits annually
- Verify the unit maintains required safety records; indicate where they can be found and who maintains them, including but not limited to:
 - The Supplemental APP
 - Unit safety inspection reports and self-inspection reports, including building inspections, radiation surveys, and inspections conducted by EH&S
 - o Fire Safety and Evacuation Plans
 - o <u>Health and Safety Committee</u> meeting minutes
 - MyChem chemical inventories and <u>safety data sheets</u> for all hazardous materials storage locations
 - o Safety training records

BUILDING COORDINATORS AND FACILITY MANAGERS

<u>Building coordinators</u> and facility managers are responsible for managing or coordinating building-related needs and services and may partner with UW Facilities, UW Police, Environmental Health & Safety, and UW Information Technology. Building-related needs and services may include updating the building occupants about security information, fire safety evacuation plans, fire drill coordination, building maintenance, custodial service requests, utility shutdowns, and building renovations.



RESOURCES

NEW EMPLOYEE HEALTH AND SAFETY ORIENTATION

Unit supervisors must ensure that all new UW personnel, including those who are temporary and working part time, receive a health and safety orientation.

The health and safety orientation must cover specific topics such as the location of the APP, the unit's Supplemental APP, reporting emergencies, evacuation procedures, the fire alarm signal system, the location of portable fire extinguishers, among other topics. These requirements are outlined in the New Employee Health and Safety Orientation template. EH&S recommends that supervisors modify the template as needed to include unit-specific orientation requirements.

SAFETY MEETINGS

Units may choose to enhance safety culture by making a practice of devoting the first few minutes of all meetings to safety. These "safety moments" address a specific safety topic and can be preplanned or include audience participation.

All units should have a process for communicating and sharing health and safety information, such as during unit or workgroup meetings, through correspondence, and/or during one-on-one meetings with supervisors.

SAFETY BULLETIN BOARDS

Washington State Department of Labor & Industries (L&I) requires that personnel have access to designated safety bulletin boards where employers post health and safety information. Every UW unit is required to have a designated physical space to post health and safety information for their personnel. Units may make health and safety information available for personnel to access online; however, posting the information in a physical location is required.

Unit safety bulletin boards are used to post the required L&I posters (listed below), safety notices and safety newsletters. Health and safety committee meeting minutes, training schedules, safety posters, incident statistics, building coordinator contact, and other safety education material may also be posted.

A safety bulletin board must be in a common area where all personnel can view the posted information, such as a break room, hallway, or lunch area. Units may share a common bulletin board amongst other units if all personnel can access it.

<u>L&I publishes posters</u> that must be placed on every safety bulletin board; they are free to download and print from the <u>Required Workplace Posters from L&I</u> webpage. They include:

- Notice to Employees- If a Job Injury Occurs
- Job Safety and Health Law
- Your Rights as a Worker



In addition, the University's Log of Work-Related Injuries and Illnesses (OSHA 300A summary report) is required to be posted from February 1 to April 30 each year on the safety bulletin board(s). Download the OSHA 300A summary report for the appropriate work location from the EH&S <u>Incident Reporting</u> webpage.

The safety bulletin board can also be used for <u>other required workplace posters identified by UW Human Resources</u>.

EMERGENCY PREPAREDNESS AND RESPONSE

Unit personnel play a role in regional and local emergencies that may affect the University community. Units will develop and regularly update procedural documents providing guidance during emergencies.

Summoning emergency assistance

All personnel must know how to summon emergency assistance. The information below details how to obtain emergency assistance from the three University campuses.

UW Seattle Call 9-1-1 on a campus phone to reach a UW Police dispatcher.

Call 9-1-1 on any other phone and provide your exact location.

UW Bothell Call 9-1-1 and report your location.

Call 425-352-5359 to also inform the Public Safety Office.

UW Tacoma Call 9-1-1 and report your location.

Call 253-692-4416 to also inform Campus Safety and Security.

Public safety

<u>The Division of Campus Community Safety</u> leads planning, prevention, response, and recovery for the UW through three key emergency and safety response units: UW Emergency Management, UW SafeCampus, and the UW Police (in Seattle).

A key resource for all UW campuses is the <u>UW Alert</u>; an email and text alert system that disseminates official information and direction during emergencies or crisis situations that may disrupt normal operations at the UW or threaten the health or safety of members of the UW community.

Campus police and security

<u>UW Police</u> on the Seattle campus collaborates with the Seattle campus community to create a safe and secure campus through education, problem solving, and enforcement. The UW Police website defines <u>UW Police Department jurisdiction</u> and addresses the following topics, among others.

 <u>Safety escort services</u>: Husky SafeTrip provides safe vehicle escort at night with a uniformed security guard for students, faculty and staff.



- <u>Active Threat/Shooter Guide</u> provides a set of guidelines for responding to an active shooter incident on campus
- <u>Safe Zone App</u> gives you direct access to the fastest possible safety assistance
- <u>Crime prevention tips</u> for personal safety and recognize suspicious behaviors

<u>UW Bothell</u> and <u>UW Tacoma</u> both have campus safety and security units.

Quick response to incidents from City of Bothell and City of Tacoma Police Departments (depending on your location) can be obtained by calling 9-1-1.

SafeCampus

<u>SafeCampus</u> is the UW's violence prevention and response program. Trained and credentialed SafeCampus staff work with students and personnel who have concerns for themselves and others on identifying issues, connecting with resources, safety planning and ongoing education.

The SafeCampus team works with callers/emailers and assesses potential threats across all parts of the University. SafeCampus supports students, staff, faculty, and community members in preventing violence; it is *not* a place to report crime. If you have witnessed something threatening, or if you feel immediately threatened, call 9-1-1.

SafeCampus offers online violence prevention and response training throughout the year.

Emergency management

<u>UW Emergency Management</u> plans, educates, conducts exercises, and coordinates incident management related to campus crises, disasters, and major emergency incidents. The <u>UW</u> <u>Comprehensive Emergency Management Plan</u> serves as a high-level guide to the University in the event of an emergency or disaster in which normal operations are interrupted and special measures are taken to protect people and operations.

During an emergency affecting the entire campus or region, coordinated and integrated campus-wide response to emergencies on the Seattle campus is assisted through the University's <u>Emergency Operations Center</u> (EOC) using the Incident Command System to support the management of hour-by-hour decisions during and after a major event.

Emergency response operations at the UW Bothell and UW Tacoma campuses are managed by UW Bothell and UW Tacoma campus teams (respectively) with a communications link to the Seattle campus Emergency Operations Center.

The Seattle campus Emergency Operations Center is structured and equipped to provide:

- Overall management of University and partner response
- Communications with the University President and administration, with other University units, and with city, county, and state officials
- Coordination with other government agencies and recovery response resources
- Regular reporting to stakeholders during operational periods



- Management of resource deployment involving multiple partners
- On-scene assistance through the Duty Officer, when appropriate

The Seattle campus Emergency Operations Center is supported by and connected to UW's Unit Response Centers for seven organizational and operational units. Each Unit Response Center should re-check its operational plans on an annual cycle.

University personnel are responsible for familiarizing themselves with emergency management resources, campus emergency procedures, and <u>subscribing to emergency alerts</u>. UW personnel should be prepared for an emergency by making their <u>own disaster plan</u> and building a <u>disaster kit.</u>

The University publishes public safety information annually through the <u>Annual Security and Fire Safety Reports</u> in compliance with the Jeanne Clery Act. This report includes safety information, such as crime statistics, and fire information.

Business, Academic, & Research Continuity Program

The <u>Business</u>, <u>Academic</u>, <u>& Research Continuity Program</u> (BARC) is a part of the Division of Campus Community Safety and oversees enterprise-level organizational resilience under <u>UW policy</u>. The BARC program manager supports the enterprise-wide planning for continuity of operations following a major disruption that limits the ability of the UW to meet operational or staffing needs. BARC involves a coordinated collaboration between multiple entities.

A key component of BARC is the development of a plan using the University's online continuity planning tool (<u>Husky Ready</u>). The continuity plan serves as a reference and guide to support continued operations during any disruption and helps restore operations once the incident is resolved.

EH&S recommends that research and laboratory facilities consider adding to their unit's continuity plan by utilizing the <u>Guide to Business Continuity and Recovery Planning for Laboratories and Research Facilities</u>.

Contact the BARC program at continuity@uw.edu for more information.

Fire Safety and Evacuation Plan (FSEP)

EH&S provides the <u>Fire Safety and Evacuation Plan template</u> and <u>instructions</u> to assist units in their preparation and development of a written plan to address building emergency procedures including fire drills and evacuations. Units are required to work together and develop a Fire Safety and Evacuation Plan for each campus building, regardless of the number of UW units occupying the building.

The Fire Safety and Evacuation Plan names the <u>evacuation director</u> and <u>evacuation wardens</u> and identifies the building's evacuation assembly point. All personnel must be advised of their evacuation warden and the location of their building's evacuation assembly point so they can be accounted for during a building fire drill or emergency evacuation.

Emergency Procedures



EH&S offers <u>emergency procedures</u> and resources to help the campus community prepare for and respond to various types of emergencies that may arise.

University units/departments can refer to the information when responding to emergencies and add these procedures to their <u>Fire Safety and Evacuation Plan</u> (if desired).

First aid

Quick and effective first aid for an injured employee can be achieved through strategically located first-aid kits, the presence of individuals who are trained in first aid/CPR, and widespread knowledge of how to summon emergency medical services.

Units are required to determine the best method to ensure the availability of first aid for their personnel. This determination depends on the work location(s) and type(s) of work activities. EH&S provides <u>First Aid Guidelines</u> to assist units in providing effective first aid that meet first aid requirements (WAC 296-800-150).

Each unit must document their **First Aid Plan** defining the unit's method for meeting first aid requirements. Units may use the optional template in the <u>First Aid Guidelines</u> as a tool to document their First Aid Plan. The First Aid Plan will address who is available to provide quick and effective first aid and what first aid-supplies are readily available.

The **first-aid kits** can be purchased through <u>UW Procurement</u> or through a local retailer or safety supply vendor. Please review the First Aid Guidelines regarding first-aid kits and how to store them. It's important to note that medications (<u>including over-the-counter medicines</u>) are not allowed to be stocked in first-aid kits under most circumstances.

Units that decide to purchase a bleeding-control kit should ensure personnel are trained in the kit contents and know its location. Refer to the guidelines on the Stop the Bleed Washington website for more information.

Automated external defibrillators (AEDs)

Automated external defibrillators, or <u>AEDs</u>, are electronic devices designed to recognize cardiac arrhythmias and treat them through defibrillation (an electrical shock), which allows the heart to reestablish the proper rhythm. Modern AEDs are designed to only administer the shock if an abnormal rhythm is detected and will prompt the user with step-by-step audible and visual cues.

The UW Police carries AEDs in their vehicles on the Seattle campus, and all officers are trained in their use. While there are some exceptions, state and local law does not require that AEDs be provided in buildings; however, units may purchase their own.

More information on AEDs and procedures for procuring, selecting, registering, installing, and maintaining an AED are available on the <u>EH&S website</u>.

The <u>PulsePoint AED Viewer</u> app, available for Apple and Android phones, shows the locations of AEDs in King County. However, not all UW AED locations are listed and not all the listed AEDs may be publicly accessible. <u>Back to top</u>



REPORTING INCIDENTS

WORKPLACE INCIDENTS

Environmental Health & Safety tracks and investigates work-related incidents to help prevent injuries and illnesses, and to maintain safe and healthy workplaces. Workplace injury and incident reporting is required by federal and state regulatory and funding agencies.

Workers are protected from discrimination and retaliation when exercising their <u>workplace</u> <u>safety and health rights</u> per the Washington Industrial Safety and Health Act. Incident reports are critical to maintaining a strong safety culture at UW, and everyone must feel comfortable filing them. Incident reports are not an exercise in assigning blame nor are they part of any type of disciplinary action and should never be used in a punitive way. Incident reports do not reflect on or impact academic records, employee performance, job eligibility, or other such records.

If an incident occurs:

STEP 1: Complete any immediate first aid/medical care measures.

STEP 2: Report the incident to a supervisor.

STEP 3: Submit an <u>incident report</u> to EH&S within 24 hours (contact EH&S immediately if <u>immediate notification</u> is required).

UW personnel are required to submit an <u>incident report</u> to EH&S for any work-related event that results in an injury, illness, exposure to hazardous material, fire, or property damage, regardless of the work location.

The reporting requirement includes workplace incidents involving or impacting UW personnel, including student workers, and volunteers. The work setting may be a University-owned and operated location, a field site, and an off-campus location where University activities are occurring.

Incident reports can only be submitted by the person involved, their supervisor, or a University representative with a UW NetID. The identity of individuals involved in incidents is protected and is disclosed only on a need-to-know basis to those involved in the response. This may include UW Human Resources representatives, supervisors, unit leadership, and L&I per Washington Administrative Codes 296-800-320 and 296-27.

UW personnel are highly encouraged to submit work-related near-miss events using the Online Accident Reporting System (OARS).

UW personnel use the <u>Online Accident Reporting System (OARS)</u> to track work-related incidents, while UW Medicine personnel working in UW Medicine facilities use a separate reporting system called Safety Net.

Safety concerns and non-work-related incidents can be reported using the Report a Concern form on the EH&S website.



Visit the <u>Incident Reporting webpage</u> on the EH&S website for more information on incident reporting, including roles and responsibilities, reporting assistance, incidence rates, exposure and spill response, and frequently asked questions.

Incidents that require immediate notification

*Notify EH&S immediately (after first aid/medical care/emergency services) if an incident involves any of the following as they workplace incidents require EH&S reporting to regulatory and funding agencies:

- In-patient hospitalization, amputation, loss of an eye, or fatality
- Recombinant/synthetic DNA/RNA exposure or spill
- Radioactive material spill, exposure, accidental exposure from a radiation producing device or laser
- Fires

During EH&S business hours (8:00 a.m. to 5:00 p.m., Monday to Friday) call 206-543-7262.

Outside of EH&S business hours, call the UW Police Department at 206-685-8973 to reach EH&S on-call staff.

In the case of in-patient hospitalizations, amputations, loss of an eye, or fatality, please do not move any equipment involved in the incident until EH&S receives clearance from L&I, unless necessary to protect someone from an unsafe condition.

Report a concern

Personnel are encouraged to report safety concerns to their supervisor. Safety concerns may also be reported to the unit's safety coordinator, the unit's health and safety committee representative, or to EH&S using the Report a Concern form. Please provide details so the concern can be properly addressed.

A safety concern is a condition, practice, or situation that has the potential to result in physical harm, property loss, and/or environmental impacts. For example, moss on the stairwell poses a slip hazard and should be removed before someone slips and falls.

The Report a Concern form can be submitted anonymously. The Report a Concern form must *not* be used in the case of a work-related injury, illness, exposure, fire, property damage, or near-miss event.

The Washington State Industrial Safety and Health Act protects workers from <u>employer</u> <u>retaliation or discrimination</u> when reporting health and safety concerns.

YOUTH AT THE UW

The <u>UW policy</u> on reporting suspected child abuse (Executive Order 56) applies to all University of Washington personnel—including faculty and academic personnel, staff, temporary staff, academic student personnel, and student personnel—and volunteers in University programs. The policy applies regardless of whether an employee is acting in the capacity of their



University duties. The policy applies to volunteers when they are acting within the scope and course of duties as directed by the University. The <u>Chapter 26.44 RCW</u> Abuse of Children, rule applies to a child or children under 18 years of age.

The Office of Youth Protection offers <u>required training for University personnel and UW youth program personnel</u>. The <u>UW Youth Program Best Practices webpage</u> offers assistance with planning and the implementation of safe high-quality youth programs.

For more information on youth at the UW, visit the Office of the Youth Protection Coordinator website or email uwminors@uw.edu.



RECOGNIZED SAFETY HAZARDS

The following potential occupational hazards are highlighted in this Plan to prevent future incidents. Units with workplace hazards that extend beyond those covered in this Plan are required to maintain separate or supplemental documentation that addresses how personnel are protected from those hazards.

That documentation should be referenced in the unit's <u>Supplemental Accident Prevention Plan</u>, which addresses site-specific occupational hazards *not* addressed in this UW APP.

ASBESTOS AND OTHER REGULATED BUILDING MATERIALS

<u>Asbestos</u> is a cancer-causing substance that can be found in some construction materials used in UW buildings; it may be present in floor and ceiling tiles, adhesives, insulation, walls and baseboards. If asbestos-containing materials are in good condition, they pose no health risk to the occupants. However, damage to asbestos-containing materials can release asbestos fibers into the air, which pose a health risk if the fibers are inhaled.

Visit the <u>Regulated Building Materials webpage</u> on the Environmental Health & Safety (EH&S) website for more information.

Training

All UW personnel are required to complete a one-time <u>General Asbestos Awareness</u> <u>training</u> **when hired**. This training covers general asbestos information, how to ensure you do not disturb asbestos-containing materials, how to recognize damaged asbestos-containing materials, and what to do if you encounter damaged asbestos-containing materials.

Personnel who work directly with asbestos-containing materials, or whose work activities have the potential to damage asbestos-containing materials, are required to take more specialized training.

Other regulated materials

Many older campus buildings and facilities contain other regulated materials that, while posing no threat in their current state, can present potential dangers if they are unknowingly or improperly disturbed. Examples of these other materials include lead and polychlorinated biphenyls (PCBs). Disturbing building or facility materials without proper training can create a hazardous environment and personal safety risks.

Renovations, remodeling, and maintenance work

Work on components or systems within University buildings and facilities must be performed by authorized units and experts who are trained and understand how to navigate the complex overlapping regulations and policies governing the construction, renovation, maintenance, and improvement of University facilities. This work must **not** be performed by unauthorized unit staff, faculty, students, or volunteers. This includes activities impacting walls such as painting, hanging shelves, mounting art, and installing whiteboards.



Contact your facilities representative for more information.

- Seattle campus: contact <u>UW Facilities</u> or your facility manager
- UW Bothell campus: Contact <u>UW Bothell Facilities</u>
- UW Tacoma campus: Contact <u>UW Tacoma Integrated Facilities Management</u>

Design review

EH&S can assist with safety considerations during the design phase of a project. Identification of hazards and eliminating them through inherent safe design early in the planning phase can prevent a hazard from being inadvertently created. Identification of engineering controls such as ventilation or safety features early in the design phase can reduce the potential for costly retrofits later. Visit the <u>Facilities Projects Support webpage</u> for more information.

Refer to the EH&S <u>Regulated Building Materials webpage</u> for more information about alterations to Seattle campus buildings and grounds.

BLOODBORNE PATHOGENS

Personnel participating in the Bloodborne Pathogens Program are required to

- 1. Follow procedures in their site-specific Exposure Control Plan;
- 2. Complete initial and annual training; and
- 3. Be offered the Hepatitis B vaccine.

The <u>UW Core Bloodborne Pathogens Exposure Control Plan</u> is in Appendix A of the <u>UW Biosafety Manual</u>.

BOX CUTTERS, CUTTING IMPLEMENTS, AND SHARPS

Box cutters

University personnel who use box cutters should follow the steps in the <u>Box Cutter Safety Focus Sheet</u> to avoid potential laceration injuries before, during and after use. Choosing a box cutter specifically designed to reduce or eliminate injuries, such as the <u>Klever Kutter</u>, is a key element to staying safe.

Sharps

Sharps injuries are one of the most common injuries at the UW. <u>Sharps</u> are devices, such as needles, scalpels, and lancets, which are used to cut or pierce skin, blood vessels or tissue. EH&S offers guidance on <u>sharps safety</u>, precautions to prevent injuries, and detailed information on treatment and disposal of <u>sharps waste</u>.



CHEMICAL HAZARD COMMUNICATION

UW personnel must receive formal, documented training on the hazardous chemicals in their work areas and implement the chemical hazard communication program requirements. This requirement is supported through <a href="https://www.uww.nument.com/w

Critical components of the program include:

- Maintaining a list of hazardous chemicals in work areas via UW <u>MyChem</u> database
- Labeling chemical containers, including secondary and waste containers
- Ensuring personnel have access to <u>safety data sheets</u> (SDSs)
- <u>Training</u> personnel on the <u>hazards</u> of chemicals they work with
- Using safe work practices via <u>standard operating procedures</u> or <u>job hazard analyses</u> to avoid exposure
- Knowing the signs and symptoms of <u>exposure</u>, and what to do in the case of a <u>spill</u> or <u>emergency</u>
- Ensuring personnel adhere to posted <u>warnings</u> and safety information

Personnel working in laboratories must comply with additional chemical hazard requirements by following procedures and policies outlined in their laboratory's <u>Laboratory Safety Manual</u> and by completing the <u>Managing Laboratory Chemicals Online course every three years.</u>

Personnel who only work around consumer products in small quantities may be exempt from the Chemical Hazard Communication (HazCom) training requirement. For more information, review the information in the <u>Hazard Communication for Office Products</u> focus sheet on the EH&S website. <u>Contact EH&S</u> if you are unsure whether your unit's personnel are exempt.

COMMUNICABLE DISEASES

Communicable diseases, such as cholera, hepatitis, influenza, measles, and tuberculosis, are infections that spread from

- One person to another person; or
- An animal to a person; or
- A surface to a person.

Communicable diseases may also come from ingestion of contaminated food or water, or by indirect contact with animals or pests (such as mosquitoes, fleas, or mice).

Healthcare providers, including those in EH&S, may be legally required to notify public health authorities at their local health jurisdiction of suspected or confirmed cases of specific diseases or conditions. These are referred to as notifiable conditions; refer to the Washington State
Department of Health website for further information on reporting requirements. Depending on the communicable disease and an individual's employment duties, UW personnel may be



given specific instructions by their local public health contact, their healthcare provider, or the <a href="https://www.uww.number.com/www.number.com/www.number.com/www.number.com/www.number.com/www.number.com/www.number.com/www.number.com/ww.number.com

The University may publish additional guidance for specific communicable diseases, such as COVID-19 and other respiratory illnesses. University personnel will follow <u>Illness and Exposure Guidance</u> if they have respiratory disease <u>symptoms</u>, an exposure, or test positive for a respiratory illness. These measures help reduce the potential for transmission of respiratory illnesses at University locations and align with federal, state, and local workplace safety requirements and public health guidance.

Refer to the <u>University's Respiratory Illness Resources webpage</u> for the most current policies and guidance.

CONCUSSIONS

A concussion is a type of injury caused by a bump, blow, or jolt to the head. Information about concussion prevention and symptoms can be found on the <u>Centers for Disease Control and Prevention website</u> and in the <u>Workplace Concussions focus sheet</u> on the EH&S website.

ELECTRICAL SAFETY

Personnel are required to follow best practices to avoid exposure to electrical hazards, which could result in shock, fire, explosion, and injuries. EH&S recommends personnel review the <u>Electrical Safety</u> webpage on the EH&S website to learn how to eliminate or control common electrical hazards. EH&S recommends the <u>Electrical Safety Awareness Online</u> training for those individuals interested in more information.

Personnel who work with exposed electrical circuits operating at 50-600 volts to ground are required to take the <u>Electrical Safety Low Voltage Qualified</u> instructor-led training.

Personnel who are *not* qualified to work on or near exposed energized parts but have the potential to be exposed to these parts through their work activities (e.g., resetting circuit breakers, engaging with battery or photovoltaic cell systems, working near energized electrical lines), are required to take the <u>Electrical Safety in the Workplace</u> training.

ERGONOMICS

Ergonomics is a practice which involves the modification of workplaces including environment, equipment, training, materials, and procedures in order to prevent work-related musculoskeletal injuries. Risk factors for the development of musculoskeletal disorders include awkward postures, repetitive tasks, and/or forceful motions. These types of injuries usually develop over time rather than because of a single event. Injuries can be prevented if the workplace environment, equipment, training, materials, and procedures are evaluated and modified to reduce risk factors.

Visit the <u>Ergonomics webpage</u> on the EH&S website for links to ergonomic hazard evaluation tools, more information on workplace ergonomics, including guidance for selecting office furniture and equipment, adjusting your workstation, and tips for your <u>home</u> office.



FIELD OPERATIONS SAFETY

Work at the UW may include field operations, such as plant research, water sample collection, or wildlife observation, among others. Field sites may include field stations, natural reserves, public lands or parks, wilderness areas, coastline or waterways, or more controlled sites such as construction areas, excavations, or mines. Each of these environments pose unique considerations for the health and safety of the individuals working and teaching there.

There are federal, state, local and University requirements that need to be observed for any type of field operations. Requirements for conducting work in the field for research or instructional purposes are detailed in the UW Field Operations Safety Manual.

INDOOR AIR QUALITY

The <u>Indoor Air Quality</u> program provides and maintains healthy and comfortable environments free of contaminants that could affect a person's comfort, health, and productivity. A key part of the program is responding to and resolving concerns of building occupants about air quality concerns in their work environment.

"Indoor air quality" refers to air quality in indoor office, classroom, or laboratory environments, as opposed to industrial or outdoor settings. Indoor environments often have natural ventilation from operable windows or a mechanical heating, ventilation, and air-conditioning (HVAC) system. Common causes of indoor air quality complaints include inadequate outdoor air supply, odors from indoor or outdoor sources, mold, or chemical use in an adjacent area.

Smoking in unauthorized areas can cause indoor air quality concerns. The Bothell, Seattle, and Tacoma campuses are smoke- and vape-free, with the exception of <u>designated smoking areas</u>. Please smoke and vape in designated areas only.

Visit the <u>Indoor Air Quality webpage</u> on the EH&S website to learn more about the types of indoor air quality issues that can occur at the UW and how to prevent or address them.

OUTDOOR HEAT EXPOSURE

Excessive exposure to heat can cause a range of heat-related illnesses, some of which can be fatal. Units with personnel who work outdoors are required to take steps to protect personnel from heat-related illness.

Washington state <u>outdoor heat exposure rules</u> apply to University units and departments with personnel performing work outdoors for more than 15 minutes in any 60-minute period when personnel are exposed to outdoor heat at or above the temperature and conditions listed on the <u>Outdoor Heat Exposure webpage</u> on the EH&S website.

University units with personnel who work outdoors are required to implement safety measures to help prevent heat-related illness, including providing initial and annual <u>training</u>, and implementing a written <u>Outdoor Heat Safety Plan</u>.

The unit's Supplemental APP must include specific actions taken to address outdoor heat exposure for personnel required to work outdoors at or above outdoor temperature action



levels. An <u>Outdoor Heat Safety Plan</u> template is provided on the EH&S website to assist units with documenting the specific action plan.

RESTRICTING ACCESS TO HAZARDOUS AREAS

Units will ensure only trained and authorized personnel have access to hazardous areas, and notify responsible parties in advance of any visitors. Units ensure policies, procedures, and signage are clear about who may access equipment, tools, shops, laboratories, clinics, and other hazardous areas. Signage specifically for UW Facilities may also be necessary in some hazardous areas to clarify access restrictions.

SLIPS, TRIPS AND FALLS

Workplace falls are both common and preventable. Slips, trips, and falls are one of the leading causes of injuries to UW personnel. <u>Prevent workplace falls</u> by applying these safety measures:

- Remove clutter, electrical cords, or anything else that might cause someone to trip
- Arrange or remove furniture so walkways are not blocked or obstructed
- Wipe up spills immediately
- Use handrails when walking on stairs
- Do not carry items on stairs that can impair visibility or handrail use
- Wear shoes that are appropriate for the work environment and weather conditions
- Avoid using mobile devices while walking

Anyone with a UW NetID can report an indoor or outdoor hazard at a University location that could cause a slip, trip, or fall by doing any of the following:

- Report a slip, trip, or fall using the <u>Online Accident Reporting System (OARS)</u>.
- Report the hazard as a <u>safety concern</u> if you think someone could slip, trip, or fall because of an unsafe condition.
- Submit a <u>request for service</u> on the Seattle campus to UW Facilities or contact the Customer Care team at 206-685-1900 or <u>careteam@uw.edu</u>.
- Notify the appropriate <u>building coordinator</u> or facility manager.

Unsafe conditions and unsafe actions can lead to falls from heights.

- **Unsafe conditions** include unguarded edges, open holes, improper guardrails, damaged or improper equipment, slippery conditions, and unmarked elevation changes.
- **Unsafe actions** include the improper use of ladders, standing on chairs to reach items, leaning over guardrails, and working at heights without fall protection.

Review <u>fall prevention measures</u> on the EH&S website.



TRANSPORTATION SAFETY

The UW campuses offer multiple modes of transportation, including walking, biking, and driving. Personnel must follow all state and local laws related to various modes of transportation. While the University strives to prevent conflicts between various modes of transportation through design, there are strategies that personnel can use to prevent incidents from occurring, such as:

- Always wear a seatbelt in vehicles, and ensure all occupants are properly wearing their seatbelts, too.
- Give yourself plenty of room to maneuver and stop; do not follow other vehicles too closely.
- Always stop for pedestrians, and those on bikes, scooters, skateboards when crossing in front of you.
- Never exceed the speed limit regardless of your mode of transportation; recognize the posted speed limit is for perfect conditions such as clear weather and no pedestrians in the area.
- Always pay attention and avoid distractions, such as mobile devices.
- Regardless of your mode of transportation, adhere to signage indicating construction areas or walk only areas.
- Regardless of your mode of transportation, do not pass in "No Passing" zones.
- Report unsafe conditions and suggest improvements (some conditions on the Seattle campus can be corrected by placing a <u>request for service</u> through UW Facilities).
- Always wear required helmets when riding bicycles or other wheeled modes of transportation.

Training

All UW personnel who use a UW-owned vehicle are required to take the <u>Driver Safety and Awareness Training</u> prior to the first use. The course must be taken every two years to stay current and qualified to drive UW-owned vehicles.

Report incidents

In the event of a vehicle incident, follow the <u>Vehicle Accident Reporting procedures</u> on the UW Facilities website.

WILDFIRE SMOKE

Wildfire smoke contains a mixture of chemicals and particles. Fine particles in wildfire smoke can result in health symptoms and be harmful to health because they can reach lower areas of the lungs. Some individuals are <u>more vulnerable to the effects of air pollution</u> such as people with certain health conditions.



The Washington Administrative Code (WAC) <u>296-62-085</u> and <u>296-820</u> provides protection for personnel working outdoors who may be reasonably expected to be exposed to wildfire smoke. The rule identifies five action levels to protect personnel when air quality worsens.

The Wildfire Smoke webpage on the EH&S website describes five air quality (AQI) action levels and the roles and responsibilities of units and personnel, including:

- Units with outdoor workers are required to develop a <u>Wildfire Smoke Response Plan</u> before the <u>Air Quality Index</u> (AQI) reaches an <u>action level</u>.
- Units are required to check the AQI regularly and notify their personnel of the action level and available protective measures per the unit's Wildfire Smoke Response Plan.
- Units ensure personnel who anticipate an exposure to wildfire smoke while working outdoors complete <u>Wildfire Smoke Safety Training</u> before starting work and annually thereafter.
- UW Emergency Management and Weather Status Advisory Group monitor smoke and will send a <u>UW Alert</u> when the AQI is at or above 150 AQI.

WORKING ALONE

Unit after-hours policies must address personnel who are authorized to work outside of regular business hours, such as during nights or weekends, and for those who may work alone. The same resources that personnel have access to during the day may not be available or applicable after business hours and on weekends. For this reason, all units should address these questions for personnel working outside of regular business hours:

- How will your personnel seek assistance or first aid in the event of a medical emergency?
- Are there hazards that exist during these hours that are not a factor during the day? If so, how will the employee be protected?
- Are there specific locations (e.g., maker spaces) or processes where visitors are not allowed?

EH&S has a two-page focus sheet addressing risk assessment and controls for <u>working alone</u> <u>safely</u>. Units can contact EH&S at <u>ehsdept@uw.edu</u> if they are unsure whether their personnel have the training and resources they need to work safely outside of regular business hours.

WORKPLACE VIOLENCE PREVENTION – SAFECAMPUS

SafeCampus is the University's central reporting unit for concerning behaviors that could indicate the potential for violence, including self-harm. The <u>SafeCampus</u> webpage includes information that can help units establish an environment where people feel comfortable talking openly about the threat or actual occurrences of violence in the workplace. SafeCampus can be reached at 206-685-SAFE (7233). In emergency situations, personnel should call 9-1-1. The University requires that all new personnel complete the SafeCampus <u>Violence Prevention and Response training</u>.



NEXT STEPS

CREATE A UNIT-SPECIFIC PLAN

It is the responsibility of the UW unit to identify potential hazards in all work locations and determine what measures must be taken to control hazards and protect personnel.

Each unit is required to complement this Plan with a **unit-specific plan**; units may use the <u>Supplemental Accident Prevention Plan Template</u> to help organize their worksite-specific health and safety information and address occupational hazards beyond those addressed in this Plan.

Researchers: The UW Laboratory Safety Manual's <u>laboratory-specific information</u> documents where the unit's Supplemental APP is located.

1. IDENTIFY HAZARDS

The unit-specific plan will address:

- Hazards described in this Accident Prevention Plan;
- Hazards identified beyond this Plan.

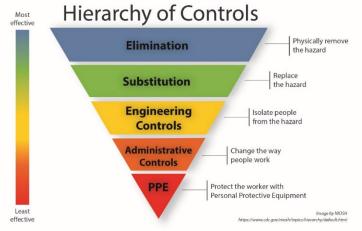
A list of recognized hazards and links to assessment tools are available in the <u>Supplemental</u> Accident Prevention Plan Template.

2. DOCUMENT SAFETY MEASURES

Once a unit has identified unit-specific hazards, the unit must **document safety measures** to control the hazards and reduce the risk of an incident.

The most effective measures appear at the top of the <u>Hierarchy of Controls</u> (shown at right) and are less effective as you move toward the bottom.

- Elimination is the most effective control; it involves changing a process or job task to remove the hazard.
- Substitution involves replacing the hazard with something less hazardous. Engineering controls isolate the hazard from people (e.g., barriers to prevent falls).
- Administrative controls change the way people work through training, standard operating procedures, safe work policies and practices, or other methods.



• While personal protective equipment (**PPE**) must be used when required, it is the last line of defense from potential hazards.

Please contact UW Environmental Health & Safety at ehsdept@uw.edu or 206-543-7262 for assistance with identifying hazards in work activities and environments, and developing a plan for controlling hazards.

3. IMPLEMENT SAFETY MEASURES

Units must ensure personnel complete all **required training** and use appropriate **hazard controls** to minimize the risk of an incident.

TRAINING

Training is an essential part of the supervisor's responsibility to provide and maintain a safe environment. The type of training required is based on the hazards identified in a unit.

All supervisors are responsible for ensuring their personnel and unpaid volunteers are trained appropriately *before* beginning a task that requires training.

- Site-specific and equipment-specific training is provided by the unit; other required and recommended training courses may be provided by EH&S.
- All safety training conducted must be documented.
- The training record should include, at a minimum, the **topic** of the training, the **name** of the person who received training, and the **date** of the training.

Safety training that is **site-specific** or equipment-specific can only be effectively conducted by the supervisor or subject matter expert within the unit. Units are required to **maintain records** for training *provided by the unit or a unit supervisor*. <u>Standard operating procedures</u> are used to communicate and train personnel on how to conduct their work safely and protect themselves from hazards.

The EH&S <u>Course Selection Guides</u> can help supervisors identify required and recommended safety training courses for their personnel. EH&S recommends that units review the guides and update their unit's <u>Supplemental APP</u> with identified hazards and safety training to protect personnel from those hazards.

EH&S maintains <u>training records</u> for all instructor-led and online courses provided by EH&S. Any person with a UW NetID can look up training records using the <u>Safety Training Report</u> tool. Training records include the attendee's name, training, completion date, and renewal date.

Additional information regarding training requirements may be found on the <u>Training webpage</u> on the EH&S website.



PERSONAL PROTECTIVE EQUIPMENT (PPE)

Each unit is responsible for reviewing all worksites for personal protective equipment needs. Units can use the following tools to perform a hazard assessment and determine the required PPE:

- Laboratory PPE Hazard Assessment Guide
- Shop PPE Hazard Assessment Guide
- Guidelines for Personal Protective Equipment

If units provide PPE to ensure the safety of personnel, the following must be completed:

- 1. Identify hazards.
- 2. Select appropriate PPE.
- 3. Train personnel in proper use, limitations, care, and maintenance of PPE.
- 4. Ensure the PPE is used.
- 5. Establish inspection, maintenance, and replacement procedures to ensure damaged PPE is not used.
- 6. Document assessment, selection, and training.

Units must document PPE requirements in existing unit procedures, such as safety manuals, standard operating procedures, or job hazard analyses for all worksites.

Visit the <u>Personal Protective Equipment (PPE) webpage</u> on the EH&S website for more information.

Respiratory protection

University personnel who are **required** to wear a respirator for their work must be <u>medically cleared</u>, trained, and <u>fit tested</u> in accordance with Washington State Department of Labor & Industries (L&I) regulations.

Voluntary use of respirators

The voluntary use of respirators applies only when it has been determined that

- Such respirator use will *not* in itself create a hazard;
- Airborne occupational exposures to hazardous chemicals do not exceed established WISHA Permissible Exposure Limit (PEL);
- No airborne biological hazard is present; and
- No specification standards require the mandatory use of respirators.

The information in <u>Advisory Information for Employees who Voluntarily Use Respirators</u> must be provided to all voluntary users of respirators for their review.

Visit the <u>Respiratory Protection webpage</u> on the EH&S website for more information.



APPENDIX: ACRONYMS

ACCD - Advisory Committee on Communicable Diseases

AED - Automated External Defibrillator

APP - Accident Prevention Plan

AQI - Air Quality Index

BARC - Business, academic, and research continuity

BBP – Bloodborne pathogens

COVID-19 - Coronavirus disease of 2019

CPR - Cardiopulmonary resuscitation

EH&S - UW Environmental Health & Safety

EOC-Emergency Operations Center

FSEP – Fire Safety and Evacuation Plan

HazCom - Chemical hazard communication

HSC – Health and safety committee

HVAC - Mechanical heating, ventilation, and air-conditioning system

JHA – Job hazard analysis

L&I - Washington State Department of Labor and Industries

OARS -Online Accident Reporting System

OSHA - U.S. Occupational Safety and Health Administration

PCBs - Polychlorinated biphenyls

PEL – Permissible exposure limit

PPE - Personal protective equipment

SDS - Safety data sheet

SOP – Standard operating procedure

UWB –UW Bothell

UWPD – UW Police Department

UWT - UW Tacoma

