Follow These Steps for Biological, Chemical, and Radiological Exposures

Medical life-threatening emergencies call 911

1. Provide First Aid Immediately
   - **Sharps injury** e.g., needlestick, bite, scratch, puncture wound
     - Scrub exposed area thoroughly for 15 minutes using warm water and sudsing soap.
   - **Skin exposure** to chemical, biological, or radioactive materials
     - Use the nearest safety shower for 15 minutes. Stay under the shower and remove clothing. Use a clean lab coat or spare clothing for cover-up.
   - **Eye exposure** to chemical, biological, radioactive materials
     - Use the eye wash for 15 minutes while holding eyelids open.
   - **Inhalation** of chemical, biological, or radioactive materials
     - Move out of contaminated area. Get medical help.

2. Get Help (share details of exposure e.g., agent, dose, route, time since exposure, SDS)
   - **Medical emergencies involving chemical exposures** call 911 or go to emergency room.
   - **For sharps injuries and biological and radiological exposures** do the following:
     - **During Business hours (M-F / 8 a.m.-5 p.m.):**
       - (Includes SLU) Call the UW Employee Health Center at 206-685-1026.
       - At Harborview sites call 206-744-3081.
       - Radiological exposures also call Radiation Safety at 206-543-0463.
     - **Outside of Business hours or if Employee Health Center is closed:**
       - Chemical and radiological exposures: call 911 or go to nearest emergency room.
       - Biological exposures: go to nearest emergency room or call 911.
   - **Notify your supervisor** as soon as possible for assistance. **Secure area before leaving.**

3. Report Incident to Environmental Health & Safety
   - **If serious accident, hospitalization or fatality,** after providing first aid and/or getting help, notify EH&S immediately.
     - During business hours (M-F / 8 a.m.-5 p.m.) call 206-543-7262. Outside of business hours call 206-685-UWPD (8973) to be routed to the EH&S Staff on Call.
     - **For incidents involving recombinant DNA (recDNA),** including exposures from animals that previously received recDNA, notify EH&S Research and Occupational Safety as soon as possible at 206-221-7770.
   - **For all incidents and near misses,** complete UW Online Accident Report within 24 hours at [http://www.ehs.washington.edu/ohsoars/index.shtm](http://www.ehs.washington.edu/ohsoars/index.shtm).